



International Federation of Sleddog Sports LIST OF PROHIBITED SUBSTANCES AND PROHIBITED METHODS FOR DOGS

As of January 1st, 2010

1. SUBSTANCES AND METHODS PROHIBITED AT ALL TIMES ¹ (IN- and OUT-OF-COMPETITION)

A. The following groups of **substances** are prohibited at all times

- Anabolic steroids and anabolic agents
- Hormones and related substances and their releasing factors ² (*including thyroid hormones and related substances, for ex. thyroxin*)
- Hormone antagonists and modulators and related **substances**^{2 3}
- Beta-antagonists
- Diuretics and other masking agents
- Substances having the same effects as those listed herein

B. The following **methods** are prohibited at all times

- Enhancement of oxygen transfer ("blood doping")
- Chemical or physical manipulation destined to alter the integrity of Samples, including but not limited to catheterisation, urine substitution or alteration
- Intravenous infusions are prohibited except during surgical procedures, medical emergencies or clinical investigations
- Gene doping

¹ "**At all times**" does not override the ordinary principles of the care and well-being of the *Dog* and thus does not exclude treatment of a *Dog* with whatever *Substance* or *Method* is determined to be necessary by the *Dog's* veterinarian to allow the *Dog* to recover from a diagnosed medical condition. However, if the treatment includes a *Substance* or *Method* which is prohibited both *In* and *Out of Competition*, the following considerations and procedures will apply:

A) for *Athletes* and their *Dogs* on the RTP list:

Any *Dog* which for medical reasons requires treatment with a *Substance* or *Method* that is listed in § 1 above must be declared to the IFSS Antidoping Committee (*Dog's* Name and ID Number). The *Dog* will then be recorded as Temporarily Ineligible to Compete. When the *Dog* has completed the treatment and has fully recovered, the *Athlete* must provide the IFSS Antidoping Committee with a veterinary certificate detailing:

- the *Dog's* name and identity number (microchip or tattoo)
 - the reason for treatment
 - the *Substances* or *Methods* administered
 - the dose and length of treatment
 - the length of time needed for definite healing and rest after treatment
 - an estimation of the clearance time necessary for the *Substance* to be completely eliminated from the *Dog's* body.
- The IFSS Antidoping Committee will then decide upon the date of the *Dog's* reinstatement as being eligible for competition again.

B) for all other competitors:

If for medical reasons a *Dog* requires treatment with a *Substance* or *Method* that is listed in § 1 above, the *Athlete* must be able to provide upon request (in particular during a Doping Control) a veterinary certificate detailing:

- the *Dog's* identity number (microchip or tattoo)
 - the reason for treatment
 - the *Substances* or *Methods* administered
 - the length of treatment
 - an estimation of the clearance time necessary for the *Substance* to be completely eliminated from the *Dog's* body.
- The *Dog* must be withdrawn from the *Athlete's* team for the duration of treatment and clearance time, to ensure complete elimination of the treatment and a reasonable healing/resting time before returning to competition.

² Not included in this category are treatments to continually suppress or delay the onset of heat cycles in bitches, under veterinary prescription, unless such treatments contain testosterone.

³ Exception: The administration to bitches of progesterone inhibitors such as aglepriston, under veterinary prescription, will be tolerated if required due to an accidental mating. However, a minimum observation period of 28 days, before the bitch returns to competition, will be mandatory in order to ensure that there are no adverse side effects on the bitch's health.



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2. SUBSTANCES AND METHODS PROHIBITED *IN-COMPETITION*

- Analgesics (*prescriptive and non-prescriptive*)
- Anaesthetics
- Antibiotics
- Antihistamines
- Anti-inflammatory drugs including but not limited to:
 - *Corticosteroids*
 - *Antiprostaglandins*
 - *Non Steroidal Anti-Inflammatory Drugs (NSAID)*
 - *Glucocorticosteroids*
 - *Salicylates*
 - *DMSO*
- Bronchodilators
- Cough suppressants
- Anticholinergics
- Muscle relaxants
- Sedatives and narcotics (*including anti-epileptic phenobarbital*)
- Stimulants (*specified and non-specified, including caffeine and theobromine*)
- Alcohol
- Substances having the same effect as those listed herein

Athletes should be aware that even products stated as being “natural” and not considered as medicine, can have the same effect as a *Prohibited Substance* and lead to an *Adverse Analytical Finding*. An example of this would be certain “natural” or homeopathic remedies sold with a stated anti-inflammatory or painkilling effect.

Athletes should keep records of treatments given to their *dogs* over a 6-month period, in order to be able to provide this information (veterinary certificates, etc) if requested during *Doping Control*.